

February 2010
Volume 16 Issue 2

Shag Rag



Dedicated to the Preservation of the Carolina Shag and Beach Music
Northern Virginia Shag Club/ Marcia Conway, President

President's Corner

PRESIDENT'S MESSAGE *by Marcia Conway*



What happened to the month of January? Time flies when you are having fun. The NVSC Shaggers thoroughly enjoyed the workshop by **Junior Shag Champion, Brennar Goree** on Wednesday, January 6 and the exhibition dance by **Brennar and Heather Jennings**. What a great way to start the year! I attended the ACSC meeting at North Myrtle Beach at mid-winter on Saturday, January 16. At this meeting, a check for **\$10,000** was presented to the American Red Cross for Haiti by the SOS president on behalf of all the shag clubs. It was a wonderful gesture that as shaggers we can share some of the profits from SOS with a third world country that experience such a tragedy.

There are two exciting and important social events planned for this month. The first one is the **annual Super Bowl party** at Rene's on **Sunday, February 7th at 5PM**. Members will be treated to a free buffet. Rene's is allowing us to bring desserts, so bring a favorite dessert to share with your NVSC friends. The second annual event is the **Charlie and Jackie Workshop and Dance on Saturday, February 20 at Ft. Myer**. There will be workshops in the afternoon and a dance that night. Contact **Dick and Marion Prosser** to volunteer to bring food for the Saturday night dance starting at 7:30PM. Contact **David Rodgers** to sign up us a private dance lesson with Charlie and Jackie or a ladies group lesson with Jackie. It is always great to have this wonderful, friendly couple for the social event. Flyers of both of these events are included in this issue of the Shag Rag.

Fran and I will be representing the club at the annual ACSC Winter Workshop hosted by the Twister's Shag Club on February 26 -28. This event is mandatory for every shag club to have a representative as many important dates and events are discussed such as plans for Spring SOS in April and the Hall of Fame golf tournament in June. Speaking of SOS, the spring one is from April 16 – 25. All you need is an SOS card and a place to stay. David Bushey has SOS cards for \$30 that admits you to all the clubs. Come join the fun and meet and dance with Shaggers from other clubs!!!!

Upcoming Events

Super Bowl Party – Sunday February 7th

Shag Workshop and Party with Pro-Shaggers Charlie Womble & Jackie McGee—Saturday February 20th

Shag-a-thon to raise money for Hospice—to be held at Springfield Mall in March—details in this Shag Rag

NOTICE: In case of inclement weather, please listen to the radio or television for school closings and evening cancellations. If Fairfax County has cancelled school activities, then the Wednesday night NVSC dance at Rene's will also be cancelled. If you have questions please contact Marcia Conway at 703-361-8159. THANKS!

2010 Board Members

President	Marcia Conway	703-361-8159	nclady11@comcast.net
Vice President	Fran Mong	703-368-2792	franmong@aol.com
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Treasurer	Dave Bushey	703-273-2876	dbushey99@gmail.com
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Director-at-Large	Kathy Miller	703-727-9423	khemp501@aol.com
Director-at-Large	Barry Newman	703-941-0445	barryn1940@aim.com
Director-at-Large	Dick Prosser	703-698-0709	rlprosser@verizon.net
Director-at-Large	Sue Young	703-237-8616	suey@theaeap.com

NVSC COMMITTEES/CHAIRS—2010

Audit	Cris Gaines
Birthday Cakes	Robbie Mann/Donna Romito
Capital Shag Classic 10	Sue Young and Marcia Conway
Charity Fundraising	Kathy Miller/Nancy Cox
Dance	Joan McKinney, joanmck3@aol.com
Hello Shaggers	Valerie Swiger
Historian	Liz Kestler
Membership	Valerie Swiger, Valerievms@aol.com
Music	Fran Mong
Newsletter	Liz Kestler
Nominating & Elections	To be selected in September
Photographer	John Romito, jrdancer0501@yahoo.com
Public Relations	Barry Newman, barryn1940@aim.com
Shag-a-thon	Jo-An Hitzemann/Judy Anderson
Social/Hospitality	Cris Gaines, Dick and Marion Prosser, David and Nancy Williams, Sandra Traylor, Sam Wray
Sunshine	Maryann Lesnick, mlesnick@mlesnick.com
Web Site	John Romito

HAVE YOU HEARD? If you did not receive and/or read the email from HELLO SHAGGERS (Valerie Swiger), there was an announcement regarding our new hours at Rene's on Wednesdays. Previously our dancing hours were from 7:30 until 11—now it's 7:30 until 10:30. Come early for free lessons from 7:30 to 8:15 (must be a NVSC member for novice and intermediate free lessons) and enjoy great Carolina shag music and dancing from 8:15'til 10:30.

NEW MEMBERS IN JANUARY

Madeline Helbraun, Robbie Tischer & Joanne Sinclair

DEEJAY SCHEDULE FOR FEBRUARY

Craig Jennings	3rd
Eddie O.	10th
Dennis Gehley	17th
Eddie O.	24th

FEBRUARY BIRTHDAYS

Jo-Ann Hitzemann	1 st	Vernon Bruffey	9 th
Shirley Baucom	2 nd	Robert Busey	11 th
Ann Layne Johnson	4 th	Lori Hahn	12 th
Dee Orlando	6 th	Tom Romero	13 th
Sandra McGee	7 th	Susan Young	19 th
James Raney	8 th	Bernie Fanini	25 th
Mary Jones	8 th	Marcia Conway	26 th
Brenda Bishop	8 th		

Shag-a-Thon

Heads-up!!! We are making plans for Northern Virginia Shag Club's 12th annual Shag-a-Thon in support of Capital Hospice. NVSC is very proud of the fact that we have raised more than \$181,000 to benefit Capital Hospice. You do not want to miss this event! So, please plan to come out, join the fun and let's each do our part in making this year another banner year for our fundraising! Judy and Jo-Ann plan to have the packages ready to hand out at the Super Bowl Party. If you can't participate, please consider a donation to Capital Hospice through one of the dancers. Thank you, Judy and Jo-Ann

When: Saturday, March 20, 2010

Where: Springfield Mall (location in mall to be determined)

Time: Noon – 4:00 p.m.

Judy Anderson
703-509-1339
judithwanderson@aol.com

and Jo-Ann Hitzemann
703-803-7060
jhitzemann@aol.com

Private Lessons with Charlie Womble & Jackie McGee

“LADIES ONLY”

Charlie Womble and Jackie McGee (9 times & 10 times National Shag Champions) will be teaching private lessons February 18, 19, & 21 at David and Jerry Rodger’s house in Fairfax Station, Virginia.

SIGN UP NOW for private lessons with Charlie and Jackie by e-mail at rodgersd3@cox.net or call David at 703-239-8978 to place your name on the list. Lessons will be scheduled in the order in which the requests for private lessons are received. Costs of the private lessons are \$85.00 for an hour lesson with Charlie AND Jackie—and \$60 for an hour lesson with Charlie OR Jackie.

FOOTWORK LESSON WITH JACKIE McGEE

Jackie McGee will teach one **SMALL GROUP** lesson for women only on footwork for ladies when she and Charlie are visiting with NVSC in February 2010 **IF ENOUGH LADIES SIGN UP FOR THE LESSON.** The lesson will be taught at David & Jerry Rodgers’ home in Fairfax Station, VA from 3:00-4:00 PM on Sunday February 21, 2010. This ladies only lesson will be taught for intermediate/advanced level dancers

Due to the size of the dance floor available for these lessons, only a limited number (7) will be allowed to attend this ladies only lesson. Sign-up will be taken on a “first come, first served” basis. Cost of the “Ladies Only” lesson will be \$15.00/person. Contact David Rodgers by e-mail at rodgersd3@cox.net or call David Rodgers at (703) 239-8978 to put your name on the list.

NVSC Logo Merchandise and SOS Cards

Members Kathy Miller and Nancy Cox are the contacts for **NVSC logo merchandise**. They have the following:

Shirts—in several colors and styles, priced from \$18 - \$34

CD Cases \$15

Coffee Mugs \$5

Baseball Caps \$15

Shoe Bags \$20

Golf Towels \$15

Twinkling Glasses \$10

Cook Books \$15

Shagging in the Carolinas book \$20

2010 SOS CARDS

Dave Bushy is selling 2010 SOS cards for \$30. That’s a savings of \$5. Cards sell for \$35 at North Myrtle Beach. You may use them for Mid-Winters, Spring Safari and Fall Migration. Dave is at Rene’s on Wednesday nights but if you can’t make it to Rene’s, mail your \$30 check payable to NVSC and mail to P.O. Box 5522, McLean, VA 22103. Include a self-addressed stamped envelope.

REMINDER-KEEP YOUR MEMBERSHIP INFO CURRENT

Have you moved, changed phone numbers or email?

Contact Valerie Swiger at valerievms@aol.com.

This is especially important if you want to receive “Hello Shaggers” emails—a terrific way to keep in touch with NVSC news, current events, and activities.

WHERE DO I GET A COPY OF THE SHAG RAG?

Go to the NVSC website, www.nvshag.org, click on Newsletters tab, click on the month you want. It’s in PDF format. Or, for a yearly fee of \$5, you may have it mailed to your home. Also, copies will be available at Rene’s on Wednesday’s.

ADVERTISE YOUR BUSINESS IN THE SHAG RAG—CONTACT LIZ KESTLER AT sarejan5@yahoo.com for details.

FEBRUARY DANCE LESSONS

Lessons Begin at 7:30 p.m.



Intermediate Level Shag Steps:

February 3 -- Forward Sailor Shuffle, Arm-over Pivot with Reverse Tuck

February 10 --- Sugarfoot, Back Prep, Front Prep

February 17 -- Belly Roll, Pivot into Belly Roll

February 24 -- Male Half-Turn, Boogie Walk

Novice Level Shag Steps:

February 3 --Tuck from Pivot, Tuck from Half Turn

February 10 – Double Kick Basic, Applejack

February 17 -- Behind Sailor Shuffle, Pivot

February 24 -- Hesitation Basic, Pivot, Hug Pivot

Beginner Level Shag Steps:

February 3 -- Cross Over Basic, Triple Basic

February 10 -- Basic, Start, Female Turn

February 17 -- Half Turn, Male Turn

February 24 -- Kick Basic, Side Pass

New closing time for our weekly dances at Rene's. We will dance from 8:15 to 10:30.

Dance lessons still 7:30 to 8:15.

SCHEDULED & TENTATIVE NVSC EVENTS FOR 2010

SUPER BOWL PARTY	FEB 7	SUMMER ACSC WORKSHOP	JULY 9 - 11
CHARLIE & JACKIE WORKSHOP & DANCE	FEB 20	JUNIOR SOS	JULY 15 - 18
WINTER ACSC WORKSHOP	FEB 26-28	CAPITAL SHAG CLASSIC	JULY 23 - 25
SHAG-A-THON	MARCH 20	FALL MIGRATION (SOS)	SEPT. 17 - 26
EASTER BONNET/HAT CONTEST & EGG DANCING CONTEST	MARCH 31	NVSC PARTY AT FALL SOS	SEPT. 21
SPRING SAFARI (SOS)	APR 16 - 25	FALL SUNDAY SOCIAL	OCT?
NVSC PARTY - SPRING SOS	APR 24 -??	BAND OR DANCE WORKSHOP	OCT?
ANNUAL PICNIC	JUNE/AUGUST	NVSC HOLIDAY PARTY	DEC 4

OTHER PLACES TO DANCE

Thursdays-Battlefield Boogie Club at Boxseats, Liberty Center, 5801 Southpointe Center Blvd, Fredericksburg, VA

Fridays-Tucker's Restaurant, 9205 Marlboro Pike, Upper Marlboro, MD

Saturdays-Rene's from 6:00 to 8:30, Contact Janis Grimes for details

DC Hand Dance Club-check their website for dates and times
www.dchanddanceclub.com/schedule.htm

BORROWING SHAG VIDEOS.....

is easy at NVSC!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional DVD or videos. These DVD's contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **FULLY refundable \$25 deposit.**

See SUE YOUNG on Wednesday nights to borrow a DVD or video!!!

Learn from the pros by watching their instructional DVD's. See Sue Young for details and availability of rentals

PLEASANT SURPRISE COMING SOON TO NVSC

While we're getting geared up for a GREAT weekend with Jackie McGee and Charlie Womble on February 20, 2010, there's a further pleasant surprise which will accompany that event. **Welcome our DJ for the weekend -- Gene Sistare.**

Gene comes to us from Lancaster, South Carolina, by way of Fat Harold's in North Myrtle Beach. When Gene joined the Lancaster Shag Club in 1990, he had no idea that by 1994 he would serve as a Board Member, Vice President and President of the Club. He was to return subsequently to the Lancaster Shag Club's Board in 2008 when he was selected to serve the remaining term of another of the Board Members and was again elected to serve a two-year term as President (2009 and 2010).

In 1997 Gene became the DJ at Lancaster's weekly meetings and in 2000 became a staff DJ for SOS events at the Beach Music Café and Spanish Galleon located in the Ocean Drive Resort. In 2003 he became a staff DJ at Fat Harold's Beach Club where he plays monthly and during all SOS events.

In 2001, Gene was invited, for the first time, to participate in the annual Battle of The Beach DJ's at Boppers Bar and Boogie in Charlotte, North Carolina, and won. Then in 2005, Gene was awarded the Shagging Icon Award from ACSC and SOS.

2009 was a HUGE year for Gene - at DJ Throw Down in March, he was awarded the Richard Nixon Memorial Service Award. This award is presented annually to the DJ or DJs that have performed outstanding service other than DJing for any group or entity encompassing the shag dance community or the shag and beach music community at large. The award is intended to honor the memory of Richard Nixon, one of the first shag DJs who resided in North Myrtle Beach and was tireless in his efforts and service to various charities and organizations in the Carolinas. Subsequently, in August of 2009, Gene won the First Annual Battle of DJ's sponsored by The Society of Tar Heel Shaggers at their Beach Music Weekend.

Gene has volunteered and donated DJ and MC services for many charities, for the Lancaster Shag Club and various other clubs and organizations. He has volunteered for "Relay for Life" many years; he has donated DJ and MC time nine (9) consecutive years for the "Shagging for Dollars" charity at the Monroe Shag Club; "Camp Kemo" is one of his favorite charities; he has donated DJ time for the Cancer Society charity, and most recently, DJ'ed to help "Harvest Hope of South Carolina" in Columbia, South Carolina, raise money to feed those in need.

And if all of that wasn't enough, Gene also enjoys playing and planning events at local nursing homes and assisted living facilities in the Lancaster area for seniors who are unable to attend functions outside of the facilities in which they live. Gene has also organized and been involved in several special fundraisers whenever someone has had a need due to medical expenses or personal loss and needed help, Gene has been involved. He is a Lifetime Member of Association of Beach and Shag Club DJs and a member of The National Association of Rhythm & Blues DJ's.

We are certainly looking forward to having this generous and busy man here with us for the Jackie-Charlie weekend and know that all of you will give him a huge Northern Virginia Shag Club welcome.



Northern Virginia Shag Club

Super Bowl Party

Sunday, February 7, 2010

5:00 pm until the game ends!

*Watch the Game!
Enjoy Shagging
with Friends!*

DJ: Dennis Gehley
\$8.00 Cover Charge



Game starts at 6:00 pm

Rene's Supper Club, 3251 Old Lee Highway, Fairfax, VA

Free Dinner Buffet!

Happy Hour Drink Prices 5-6 PM

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the
Shag Rag!**

Effective 6/1/2009



Business Card size ads:
\$60 for NVSC Members
\$75 for Non-Members
(Annual rate)

Additional Ad sizes available: 1/4 page,
1/2 page, and full page.

Contact the Shag Rag Editor, Maryann
Lesnick, for more information.

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Come Dance with Me

Private and Group Lessons in
 Carolina Shag
 With
 David Rodgers



Call or email David
 703-239-8978
 rodgersd3@cox.net

"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer."

Board meetings are held each month and are open to any and all members who wish to attend. Unless put on the agenda, attendance is for observation, not participation. Please notify the president **one week in advance** if you are interested in attending the meeting. Copies of Board meeting minutes are available to members upon request from the secretary and posted on the nvshag.org website.

**The Northern Virginia Shag Club
Presents A
Shag Workshop and Party
With Pro-Shaggers
Charlie Womble & Jackie McGee**

**February
20, 2010**



Warm up your Winter with

Charlie and Jackie

13th Annual Workshop and Party

With the

Northern Virginia Shag Club



Workshops

Fort Myer Community Center

228 McNair Road, Bldg. 405
Fort Myer, Virginia 22211-1199
Phone: 703-696-3470

12:30: **Smooth and Easy.** 1:45: **Combinations/Lead Follow.** 3:00: **Turn It On.** No partner needed.. Basics and styling in every class...Difficulty progresses slightly, but Charlie & Jackie teach to all levels of dance...

**Cost: \$10 per workshop for NVSC Members
\$15 per workshop for non-members**

Beat the clock and bring your lunch!

Please be prepared to present identification upon

entering Fort Myer

Unescorted minors may not be admitted by security

Private lessons with Charlie and Jackie are available. Please contact David Rodgers at 703-239-8978 e-mail David at rodgersd3@aol.com to make arrangements.

Juniors Receive Free Admission to Both Events!

**DANCE SATURDAY
NIGHT**

DJ: Gene Sistare

7:30 p.m.— 11:30 p.m.

at

Fort Myer Community Center

228 McNair Road, Bldg. 405
Fort Myer, Virginia 22211-1199
Phone: 703-696-3470

**Cost: \$10 for NVSC Members
\$12 for Non-members**

New Policy—Cash Bar Only—no BYOB—no Smoking

Directions to Ft. Myer: From Northern Virginia: Take I-395 to Exit 8A for Washington Blvd., take Ft. Myer exit on right. Inside the gate, security checkpoint on right. Then follow main road to stop sign, and turn left on McNair. Look for medical clinic on right, and park just beyond medical clinic. Community Center is across the street from parking lot.