



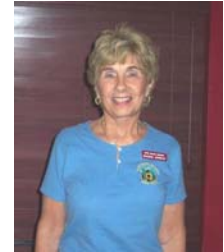
# Shag Rag

September 2009 Vol. XV, No. 9

*Dedicated to the Preservation of the Carolina Shag and Beach Music*

## **PRESIDENT'S MESSAGE by Marcia Conway**

Where did the summer go? Besides our regular dancing on Wednesday nights at Rene's, NVSC members enjoyed several successful activities this summer. There was the **fun and enjoyable picnic in June** at my daughter and son-in-laws' home in Manassas and an enjoyable Capital Shag Classic in July so efficiently organized by **Donna Romito and Sue Young**, NVSC Classic Chairs. A "**Blast from the Past**" featured 50s fashions on Friday night and a unique and enjoyable exhibition program put together by **Joan McKinney** on Saturday night. A review workshop was held on Sunday, August 23 at Fast Eddie's to go over the neat steps and patterns taught by **Jeff Hargett and Nikki Kontoulas**, the pro instructors at the Classic workshops.



**Marcia**

**Are we ready to have fun this fall!!!** On September 11- September 20, thousands of shaggers will be going to SOS Fall Migration at North Myrtle Beach. If you have never been to SOS, you are missing out on great fun and dancing. The Northern Virginia Shag Club party will be **on Tuesday, September 15 in the back room of Fat Harold's from 4:30PM-6:30PM**. This party is **free** to the membership. For the first time, NVSC will be joining several Virginia Clubs to sponsor a **Virginia Club party to be held on Friday, September 18. The Virginia Party will be at Duck's from 2PM – 4PM**. This party is also free to the membership. Thanks to **Craig Jennings** for organizing this party. For those members who are not going to SOS, you will receive a ticket for a free rail drink, wine, soda or water at Rene's on Wednesday, Sept. 16.

The fun has just started. The NVSC board voted to have the **Band of OZ** for a dance/party on **Saturday, October 31 from 6:30PM-11:30PM at Fort Myer. Tommy D from the Hand Dance Club will be the guest DJ**. There will be a Halloween Costume Contest with great prizes!!!! Come and join the fun and wear a costume. This event is being organized by **David Rapson and company**. Refer to the flier in this shag rag for more information. Volunteer and support this event!

There will be a general membership meeting on **Wednesday, September 9** following the dance lessons.

**GO NVSC MEMBERS, YOU ARE WHAT MAKE THIS CLUB GREAT AND SUCCESSFUL!!!!!!**

### *Upcoming Events....*

- **September 9**, General membership, 8:15 at Rene's
- **September 15**, NVSC Party at Fat Harold's, 4:30—6:30 pm
- **September 18**, Virginia Club Party at Duck's, 2-4 pm
- **October 4**, Fall Social, Fast Eddies in Centreville, 4:30—8:00 pm
- **October 31**, Halloween Party with the Band of Oz, 6:30—11:30 at Fort Myer

# NORTHERN VIRGINIA SHAG CLUB

## 2009 Board

President	Marcia Conway	703-361-8159	nclady11@comcast.net
Vice President	Fran Mong	703-368-2792	fmong@abhylaw.com
Secretary	Sandra Traylor	703-597-9555	sandra.traylor@dcma.mil
Treasurer	John Romito	703-971-1618	jrdancer0501@yahoo.com
Director-at-large	Pamela Alfano	703-379-7992	PAlfano@ReedSmith.com
Director-at-large	Mary Burleigh	703-724-9171	mcburleigh_2000@yahoo.com
Director-at-large	Kathy Miller	703-683-5990	Khemp501@aol.com
Director-at-large	Barry Newman	703-941-0445	barryn1940@aim.com
Director-at-large	Nancy Roop	540-878-5161	nsar33@comcast.net

### September Birthdays

Walter Herrity	9/3
Debra Parrish	9/5
Ed Mixon	9/7
Beverly Larson	9/9
Lanny Blaine	9/12
Betty Abshire	9/13
Frances Meckel	9/13
Sharon Geyer	9/13
Pete Campbell	9/14
Gail Armstrong	9/15
Megan Spillars	9/15
Bonnie G. Camp	9/16
Gerry Scott	9/16
Teresa Reese	9/17
Marian Cox	9/18
Barbara Jones	9/19
Ron Warner	9/19
Cecile Rocek	9/20
Audrey Borja	9/21
Ralph Tedesco	9/21
Dennis Stewart	9/25
Lorraine Rohlik	9/26
Pat Parrott	9/27
Wes Kirchner	9/28
Carolyn Payne	9/29
Mary Ann Davis	9/30

### NVSC COMMITTEES/CHAIRS FOR 2009

* Audit	Dave Bushey
Birthday Cakes	Robbie Mann/Donna Romito
Capital Shag Classic 09	Donna Romito and Sue Young
* Charity Fundraising	Nancy Cox/Kathy Miller
* Dance	Joan McKinney, joanmck3@aol.com
Hello Shaggers	Nancy Roop, nsar33@comcast.net
Historian	Sandra Traylor
* Membership	Mary Burleigh, mcburleigh_2000@yahoo.com
* Music	Fran Mong
Newsletter	Maryann Lesnick, mlesnick@mlesnick.com
* Nominating & Elections	(appoint in late September)
Photographer	John Romito
* Public Relations	Barry Newman, barryn1940@aim.com
Shag-a-Thon 2009	Jo-Ann Hitzemann/Pamela Alfano
* Social/Hospitality	Chris Gaines, Chris Werner, Ruth Rapson, Sandra Traylor, Sam Wray, and Vernon Bruffey
Sunshine	Maryann Lesnick, mlesnick@mlesnick.com
Web Site	Marcia Conway

\* Denotes Standing Committee

### Welcome to our New Members:

None.





## September Lessons

### SEPTEMBER 2 – DJ, Craig Jennings

**Beginner, Week 4 – Crossover Basic, Triple Basic**

**Novice, Week 4 – Tuck from Pivot, Tuck from Half Turn**

**Intermediate, Week 4 – Joanie, Funky Applejack**

### SEPTEMBER 9 – DJ, Eddie O'Reilly

**Beginner, Week 1 – Basic, Start, Female Turn**

**Novice, Week 1 – Double Kick Basic, Applejack**

**Intermediate, Week 1 – Side-to- Side Basic, Handshake Wrap Pivot**

### SEPTEMBER 16 –DJ, Dennis Gehley

**Beginner, Week 2 – Half Turn, Male Turn**

**Novice, Week 2 – Behind Sailor Shuffle, Pivot**

**Intermediate, Week 2 – Leg-up Basic, Lean**

### SEPTEMBER 23 – DJ, Eddie O'Reilly

**Beginner, Week 3 – Kick Basic, Side Pass**

**Novice, Week 3 – Hesitation Basic, Pivot, Hug Pivot**

**Intermediate, Week 3 – Stutter Basic, Sugarfoot with Lean, Front Walk- Up**

### SEPTEMBER 30 – DJ, Greg Birmingham

**Beginner, Week 4 – Crossover Basic, Triple Basic**

**Novice, Week 4 – Tuck from Pivot, Tuck from Half Turn**

**Intermediate, Week 4 – Forward Sailor Shuffle, Arm-over Pivot w/ Reverse Tuck**

NVSC dances the Shag every Wednesday night at

*Rene's Supper Club*

3251 Old Lee Highway Fairfax, VA 22030

703-385-0077

Come learn the Shag! Free lessons begin at 7:30

Open dancing from 8:15—11:00

BOARD NOTES

1. It has been suggested that the notification for annual dues be sent by email and sent only by regular mail to members that would like to have the dues notification mailed to them. Postage keeps increasing so by email would benefit the club financially. The NVSC Board would like to have your opinion concerning this matter. Please email or call a board member to give your input. The board’s phone numbers and emails are listed in the newsletter.
2. Our new web site should be up and running sometimes during the month of September. Any past information you need can still be obtained on the old web site at nvshag.org.
3. Marcia Conway represented the club at the Association of Carolina Shag Clubs workshop/party in Jacksonville, Florida. This summer workshop and the winter workshop that was held in Danville, VA in February are mandatory meetings and clubs must send a representative to maintain good standing in the ACSC.

Here are some of the highlights of the workshop:

- Note of appreciation from the American Red Cross for the \$10,000 donation to help out the victims of the fire at Conway, SC and surrounding areas during Spring SOS.
- It was reported that 1,000 people participated in the parade at spring SOS. The theme for the 2010 Spring SOS is “Sweet Sixteen”.
- Clubs were asked to remind members that umbrellas, small tents, golf carts and coolers are not allowed on Main Street during the Fun Monday Concerts.
- A total of 9,373 SOS cards have been sold.
- Detailed reports were presented by the ACSC Chairman, the Vice-Chairman and the SOS President as to how the ACSC and SOS were started.
- All clubs will receive a reimbursement of \$400 for ACSC workshop expenses.
- The lighting ceremony of the water tower with the shag dancers will be on Saturday, September 12<sup>th</sup> at 8:30PM. Main Street will be closed off during that time.



Mary

**Keep Your Membership Info Current**

If you move, change phone numbers or email address please notify Mary Burleigh, our membership chairperson. You can email Mary at : [mcburleigh\\_2000@yahoo.com](mailto:mcburleigh_2000@yahoo.com).



Nancy

**Not Receiving Hello Shaggers Emails?**

The NVSC sends out a weekly **Hello Shaggers** email with news and information about the Club and Club activities. To receive it, send your email address to Nancy Roop at: [nsar33@comcast.net](mailto:nsar33@comcast.net)

## What's Happening In The Shag/Dance World

- √ Sep 11-20, Fall Migration SOS, North Myrtle Beach (www.shagdance.com)
- √ Sep 12, SOS/OD Shag Club Fall Golf Tournament (www.odshagclub.com)
- √ Sep 15, NVSC Party at Fat Harold's, 4:30—6:30 pm
- √ Sep 18, Virginia Club Party at Duck;s, 2-4 pm
- √ Sep 19, CSA Golf Tournament, Calabash, NC
- √ Oct 9-10, Shaggers Hall of Fame Induction, NMB, SC
- √ Nov 6-8, Fall Cyclone, Twisters Shag Club (GoShagging.com)
- √ Nov 6-8, Carolina Beach Music Awards, NMB, SC
- √ Dec 5, NVSC Annual Holiday Party, Kingstown Snyder Community Center

### 2009 NVSC Events At-a-Glance

Super Bowl Party	Feb 1	Pre-Classic Party and Rehearsal	Jul 12
Charlie & Jackie Workshop & Dance	Feb 14	Junior SOS	Jul 16-19
Charlie & Jackie Workshop & Dance	Feb 14	Capital Shag Classic	Jul 24-26
		Review Workshop, Fast Eddies	Aug 23
Mardi Gras Party	Feb 25	Fall Migration (SOS)	Sep 11-20
Shag-A-Thon	Mar 21	NVSC Party at Fall SOS	Sep 15
Easter Bonnet/Hat Contest and Egg Dancing Contest	April 8	Virginia Group Party at Fall SOS	Sep 18
Spring Safari (SOS)	Apr 17-26	Fall Sunday Social	Oct 4
NVSC Party at Spring SOS	Apr 24	Band of Oz Concert/ Dance Party	Oct 31
Workshop at Fast Eddie's	May 3	NVSC Holiday Party	Dec 5
NVSC Picnic	Jun 20		
Summer ACSC Workshop	Jul 10-12		

## Virginia Shag Clubs Free Pour!!!

Fall SOS 2009, Friday, September 18<sup>th</sup> 2-4pm in DUCKS

**Come PARTY with all your friends from the commonwealth!!!**

**Music provided by various Virginia DJs**

### Participating VA clubs include:

**Northern Virginia Shag Club  
Richmond Shag Club  
Virginia Beach Shag Club  
Battlefield Boogie Club  
Lynchburg Shag Club  
Roanoke Valley Shag Club  
Danville Shag Club  
Boogie On the Bay**



## IF DESSERT IS YOUR SPECIALTY - WE ARE LOOKING FOR YOU!

Please bring your **FAVORITE DESSERT** to the **FALL SOCIAL** on **October 15<sup>th</sup>** – we need your best dessert effort for our **SILENT AUCTION** and we also need desserts to **EAT!** So sign up, and cook up a storm.

If you can bake great pies, have the best cookie recipe in town, or decorate cakes that look like castles – please share your talent and bring your best convection to the **FALL SOCIAL** on **October 15<sup>th</sup>** for our **SILENT AUCTION**.

The products of our talented chefs will be auctioned off to the rest of us who are not so talented! So bring a little something along and see how high the bids go! We have it on good authority that there are some pretty spectacular chefs in our club — **EVEN SOME OF THE GUYS ARE FABULOUS BAKERS!** So please sign up to contribute to our **SILENT AUCTION** with Marcia Conway any Wednesday evening at Rene's or contact her at 703-361-8158 and email [nclady11@comcast.net](mailto:nclady11@comcast.net).



We're also looking for dessert items to serve at the social, so if you are not interested in entering the auction, please donate something sweet to eat! Contact Christine Werner to 703-278-1073 and email to [fleur15@verizon.net](mailto:fleur15@verizon.net) if you wish to bring a sweet to share.





*Going to SOS Fall Migration 2009?  
If you are, then don't want to miss the...*

## Northern Virginia Shag Club Party

**Date:** Tuesday, September 15<sup>th</sup>

**Time:** 4:30 – 6:30 PM

**Where:** Fat Harold's Back Room

**Remember to wear your NVSC T-Shirt!**





*Sunday  
October 4th*

**NVSC  
Fall Social**

Enjoy a fun filled Sunday  
afternoon with great music,  
dancing, and friends!  
**Don't Miss it!!**

*Fast Eddie's*

14114 Lee Highway, Centreville, Va. 20120  
703-266-8888  
Just off I-66 @  
Intersection of Highways 28 and 29

Music Provided by  
*Greg Birmingham*

No Cover Charge

Free  
\$6 ticket for drink  
or food

**Silent  
Auction**



Featuring the best **BAKED GOODS** from our Club's  
Culinary Experts!  
Bring a **BAKED GOOD** to share or Auction!  
Or come prepared to **BID** on a **SWEET TREAT!**

Dance Lesson  
4:30-5:00  
Dancing 5:00-8:00

Please support our advertisers!

Advertise your Business in the Shag Rag!

Effective 6/1/2009

Business Card size ads: \$60 for NVSC Members \$75 for Non-Members (Annual rate)

Additional Ad sizes available: 1/4 page, 1/2 page, and full page.

Contact the Shag Rag Editor, Maryann Lesnick, for more information. mlesnick@mlesnick.com 703-369-5869

J.R.'S FRAMING & PHOTOGRAPHY JOHN ROMITO



6020 Wescott Hills Way Kingstowne, VA 22315



Phone: 703-971-1618 Email: jrdancer0501@yahoo.com



Dennis Gehley The Time Machine



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703-451-6764

E-mail: dmgehley@cox.net

Come Dance with Me

Private and Group Lessons in Carolina Shag With David Rodgers



Call or email David 703-239-8978 rogersd3@cox.net

Board meetings are held each month and are open to any and all members who wish to attend. Unless put on the agenda, attendance is for observation, not participation. Please notify the president one week in advance if you are interested in attending the meeting. Copies of Board meeting minutes are available to members upon request from the secretary and posted on the nvshag.org website.

"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer."

Janis Grimes Carolina Shag Private and Group lessons Home---703-536-7362 Work---202-208-3878 janigrimes@cox.net

www.nvshag.org  
PO Box 5522, McLean, VA 22103  
Northern Virginia Shag Club



## BORROWING SHAG VIDEOS.....

is EASY at NVSC!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional videos. These videos contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **FULLY refundable \$25 deposit.**

See **Jane James** on Wednesday nights to borrow a video!!!

## NVSC LOGO MERCHANDISE.....

Logo Merchandise can be purchased on Wednesday nights at Rene's.

Shirts – Many styles	\$18 - \$34
CD Cases	\$15
Coffee Mugs	\$ 5
Baseball Caps	\$15
Golf Towels	\$15
Twinkling Glasses	\$10
Cook Books	\$15
Shagging in the Carolinas Book	\$20

Many shirts are by special order. If you are interested in purchasing any of the above items, please contact **Kathy Miller or Nancy Cox.**