



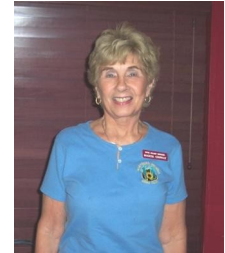
# Shag Rag

October 2009 Vol. XV, No. 10

*Dedicated to the Preservation of the Carolina Shag and Beach Music*

## **PRESIDENT'S MESSAGE by Marcia Conway**

What great fun the Northern Virginia Shaggers had at SOS fall migration!!! From the water tower lighting ceremony on Saturday with the shag dancers, and our club's SOS party at Fat Harold's on Tuesday, to the first ever Virginia Clubs party on Friday at Ducks. Many thanks to **Valerie Swiger, John and Donna Romito, Larry and Mary Camp, Ruth Rapson, Sharon Salpini, Rita Ferguson, Barry Newman, Judy Anderson and Mary Burleigh** who volunteered to help with our Fat Harold's party. Thanks to **Craig Jennings** for coming up with the idea and for organizing the first ever Virginia Clubs party. Everyone had a great time and expressed the desire to have another one for next year. If you have not been to an SOS week at N. Myrtle Beach, mark your calendar for the Spring Safari on April 16-26. In fact, you can now purchase a 2010 SOS card for \$30 from John Romito. The SOS card covers Mid Winter Weekend, Spring Safari and Fall Migration.



**Marcia**

**Our next social is on Sunday, October 4 at Fast Eddies in Centreville from 4:30-8:00 pm.** There will be a **free** dance lesson, **no cover charge** and a **free \$6 ticket** for each club member to go toward a drink or food purchase. Bring your favorite cake, pie, cookies or candy to donate to the silent auction. See the flyer and article in this newsletter for more information.

**The big social event in October is the Band of OZ dance party on Saturday, October 31st from 6:30 pm -11:30 pm at Fort Myer. Tommy D from the Hand Dance Club will be the guest DJ.** There will be a Halloween Costume Contest with great prizes!! Come and join the fun and wear a costume. This event is being organized by **David Rapson and company**. See Dave or any board member to purchase tickets. Volunteer and support this event!

The NVSC Nominating and Elections Committee members have begun contacting NVSC members to ask who wants to volunteer to run for one of the officers or director-at-large positions for the 2010 NVSC Board of Directors. The business of running the affairs of NVSC and planning all activities is the responsibility of the Board of Directors. Contact one of the committee members if you are willing to take this responsibility.

There will be a general membership meeting on **Wednesday, October 28**. This will be your opportunity to meet the candidates running for the 2010 Board.

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## *Upcoming Events....*

- **October 4**, Fall Social, Fast Eddies in Centreville, 4:30—8:00 pm
- **October 28**, General Membership Meeting at Rene's
- **October 31**, Halloween Party with the Band of Oz, 6:30—11:30 pm at Fort Myer

# NORTHERN VIRGINIA SHAG CLUB

## 2009 Board

President	Marcia Conway	703-361-8159	nclady11@comcast.net
Vice President	Fran Mong	703-368-2792	fmong@abhylaw.com
Secretary	Sandra Traylor	703-597-9555	sandra.traylor@dcma.mil
Treasurer	John Romito	703-971-1618	jrdancer0501@yahoo.com
Director-at-large	Pamela Alfano	703-379-7992	PAlfano@ReedSmith.com
Director-at-large	Mary Burleigh	703-724-9171	mcburleigh_2000@yahoo.com
Director-at-large	Kathy Miller	703-683-5990	Khemp501@aol.com
Director-at-large	Barry Newman	703-941-0445	barryn1940@aim.com
Director-at-large	Nancy Roop	540-878-5161	nsar33@comcast.net

### October Birthdays

Lewis Thurman	10/1
Lynn Edgar	10/2
Pamela Alfano	10/8
Kathleen Strobel	10/8
Carolyn Thomas	10/9
Sage Hadford	10/9
Phil Rapson	10/10
Paul D'Amato	10/18
Jake Willingham	10/19
Linda Silbaugh	10/19
Martha Raynor	10/22
Walter White	10/22
Kit Farwell	10/23
David Bushey	10/23
Barry Holt	10/25
Flo Deterding	10/26
Mark Brandt	10/27
Gregory Chambers	10/28
Mary Burleigh	10/29

### NVSC COMMITTEES/CHAIRS FOR 2009

* Audit	Dave Bushey
Birthday Cakes	Robbie Mann/Donna Romito
Capital Shag Classic 09	Donna Romito and Sue Young
* Charity Fundraising	Nancy Cox/Kathy Miller
* Dance	Joan McKinney, joanmck3@aol.com
Hello Shaggers	Nancy Roop, nsar33@comcast.net
Historian	Sandra Traylor, sandra.traylor@dcma.mil
* Membership	Valerie Swiger, Valerievms@aol.com
* Music	Fran Mong, fmong@abhylaw.com
Newsletter	Maryann Lesnick, mlesnick@mlesnick.com
* Nominating & Elections	Gary Mann, garymann@cox.net
Photographer	John Romito, jrdancer0501@yahoo.com
* Public Relations	Barry Newman, barryn1940@aim.com
Shag-a-Thon 2009	Jo-Ann Hitzemann/Pamela Alfano
* Social/Hospitality	Chris Gaines, Chris Werner, Ruth Rapson, Sandra Traylor, Sam Wray, Vernon Bruffey
Sunshine	Maryann Lesnick, mlesnick@mlesnick.com
Web Site	John Romito, jrdancer0501@yahoo.com

\* Denotes Standing Committee

#### Welcome to our New Members:

Wade Kirdahi, Jack Jones, Estelle Jones, Abby Bookhultz,  
Eddy Farmer, Gerry Woodle





**October Lessons**

**October 7 – DJ, Craig Jennings**

**Beginner, Week 1 – Basic, Start, Female Turn**

**Novice, Week 1 – Double Kick Basic, Applejack**

**Intermediate – Side-to- Side Basic, Handshake Wrap Pivot**

**October 14 – DJ, Eddie O’Reilly**

**Beginner, Week 2 – Half Turn, Male Turn**

**Novice, Week 2 – Behind Sailor Shuffle, Pivot**

**Intermediate – Belly Roll, Pivot into Belly Roll**

**October 21 – DJ, Dennis Gehley**

**Beginner, Week 3 – Kick Basic, Side Pass**

**Novice, Week 3 – Hesitation Basic, Pivot, Hug Pivot**

**Intermediate – Male Half Turn, Boogie Walk**

**October 28 – DJ, Eddie O’Reilly**

**Beginner, Week 4 – Crossover Basic, Triple Basic**

**Novice, Week 4 – Tuck from Pivot, Tuck from Half Turn**

**Intermediate – Joanie, Funky Applejack**

NVSC dances the Shag every Wednesday night at

*Rene’s Supper Club*

3251 Old Lee Highway Fairfax, VA 22030

703-385-0077

Come learn the Shag! Free lessons begin at 7:30

Open dancing from 8:15—11:00

## NVSC ELECTIONS WILL BE HELD IN NOVEMBER - PLEASE READ THIS AND CONSIDER RUNNING FOR AN OFFICER OR DIRECTOR POSITION !

### DUTIES OF THE DIRECTORS OF NVSC - *By Vaughn Royal*

The Northern Virginia Shag Club is a corporation, and is governed by a Board of Directors. The Board consists of nine Directors: the President, Vice-President, Secretary, Treasurer and five Directors-at-Large. The Board of Directors is elected annually and each Director serves a term of one year, from January 1 through December 31. Directors must have been members of the Club in good standing for at least one year before taking office, and during their terms of office must remain members in good standing. The President and Vice President must have served at least one year on the Board before running for President and Vice-President. The prior year of service could have occurred at any time, Directors may serve multiple terms, which may be successive, The *general* duties of each Director include the following:

- *To attend all regular and special meetings of the Board.* Regular Board meetings are held monthly. A Director who misses four or more regular meetings without a good reason can be removed.
- *To serve as the Chairperson of a Standing Committee or as the Board's Liaison to a Standing Committee.* The Standing Committees are the Nominations and Elections Committee, Audit Committee, Dance Committee, Music Committee, Social and Hospitality Committee, Charity and Fund Raising Committee, Membership Committee, and Public Relations Committee. Liaisons are appointed where the Chairperson of a Standing Committee is not a member of the Board. Liaisons communicate Board policies and decisions to the Standing Committees and report to the Board on the work of the Standing Committees.
- *To support Club projects and attend a reasonable number of Club functions, to personally help conduct Club projects and functions, and to recruit volunteers to help conduct projects and functions.*
- *To provide viewpoints during the policy discussions of the Board.*
- *To preserve and give to their successors all records and documents received in the course of the Club's business.*

The officers of the Club have *special* duties, which include the following:

- *President.* The President is the principal executive officer of the Club and presides at all meetings of the Board and meetings of the members at which he or she is present. The President must attend all five (5) required annual meetings of Association of Carolina Shag Clubs (ACSC) or ensure that the Club is represented at required ACSC meetings. The President names the Chairpersons of Standing Committees and the Newsletter Editor and Capital Shag Classic Coordinator. The President also exercises general supervision over the affairs of the Club.
- *Vice President.* The Vice President assists the President and performs the duties of the President in the event of the President's unavailability.
- *Secretary.* The Secretary keeps the minutes for the meetings of the Board and members, sees to it that all required notices are duly given, and keeps a current roster of the membership of the Club.
- *Treasurer.* The Treasurer is responsible for all funds of the Club, makes a report on the financial status of the Club at every regular meeting of the Board, makes available to the Board all books and financial records of the Club for audits and verifications, and files all documents and returns required by federal and state tax codes.

All of the information in this article comes from the NVSC Bylaws. which are available on the Club's web site, <http://www.nvshag.org/bylaws.htm>. A copy of the Bylaws can also be requested from a Board member.

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**The Nominating and Elections Committee is listed on the opposite page. If you would like to run for the Board or would like to nominate someone for the Board, please contact a member of the Nominating and Elections Committee. Their job is obtain a list of candidates for the 2010 Board.**

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**2009 NVSC NOMINATING AND ELECTIONS COMMITTEE**

Tim Farris	703-243-1548	<a href="mailto:farris.tim@epa.gov">farris.tim@epa.gov</a>
Gary Mann	703-815-2332	<a href="mailto:garymann@cox.net">garymann@cox.net</a>
Barry Newman	703-941-0445	<a href="mailto:barryn1940@aol.com">barryn1940@aol.com</a>
Dick Prosser	703-698-0709	<a href="mailto:rlprosser@cox.net">rlprosser@cox.net</a>
Tom Romero	304-724-1520	<a href="mailto:Tromero@USInspect.com">Tromero@USInspect.com</a>
Nancy Roop	703-753-0141	<a href="mailto:nsar33@comcast.net">nsar33@comcast.net</a>
Sue Young	703-573-6870	<a href="mailto:suey@theaeap.com">suey@theaeap.com</a>

**Board Notes**

Being the 2009 Capital Shag Classic was such a great success, the Board has voted to have the annual NVSC Capital Shag Classic in 2010.

**Holiday shag?** The regular dance night was changed from Wednesday, November 25 to Tuesday, November 24. There will be no shag on Wednesday, December 23. However, we will have shag on Wednesday, December 30<sup>th</sup> with a pre- New Year's Eve party.

The Board has voted to invite Charlie and Jackie for the annual workshop/dance on February 20, 2010 at Fort Myer.

For your information, the new web site should be up soon. The new web company, xlr8 Technologies is awaiting the release of NVSC web site from SBOL server. Once the new web site is up, members will be pleased with the new look and with the easy navigation of club information.

## What's Happening In The Shag/Dance World

- √ Oct 9-10, Shaggers Hall of Fame Induction, NMB, SC
- √ Nov 6-8, Fall Cyclone, Twisters Shag Club (GoShagging.com)
- √ Nov 6-8, Carolina Beach Music Awards, NMB, SC
- √ Dec 5, NVSC Annual Holiday Party, Kingstown Snyder Community Center

### 2009 NVSC Events *At-a-Glance*

Super Bowl Party	Feb 1	Pre-Classic Party and Rehearsal	Jul 12
Charlie & Jackie Workshop & Dance	Feb 14	Junior SOS	Jul 16-19
Charlie & Jackie Workshop & Dance	Feb 14	Capital Shag Classic	Jul 24-26
		Review Workshop, Fast Eddies	Aug 23
Mardi Gras Party	Feb 25	Fall Migration (SOS)	Sep 11-20
Shag-A-Thon	Mar 21	NVSC Party at Fall SOS	Sep 15
Easter Bonnet/Hat Contest and Egg Dancing Contest	April 8	Virginia Group Party at Fall SOS	Sep 18
Spring Safari (SOS)	Apr 17-26	Fall Sunday Social	Oct 4
NVSC Party at Spring SOS	Apr 24	Band of Oz Concert/ Dance Party	Oct 31
Workshop at Fast Eddie's	May 3	NVSC Holiday Party	Dec 5
NVSC Picnic	Jun 20		
Summer ACSC Workshop	Jul 10-12		

### Keep Your Membership Info Current

If you move, change phone numbers or email address please notify Valerie Swiger. You can email Valerie at: [valerievms@aol.com](mailto:valerievms@aol.com).

### Not Receiving Hello Shaggers Emails?

The NVSC sends out a weekly **Hello Shaggers** email with news and information about the Club and Club activities. To receive it, send your email address to Nancy Roop at: [nsar33@comcast.net](mailto:nsar33@comcast.net).

### Where Can You Find the Shag Rag?

The NVSC sends out a monthly **Shag Rag** newsletter with news and information about the Club and Club activities. To receive it in the mail, there is an **annual subscription fee of \$5** to cover printing and postage. The Shag Rag is also available on the NVSC Web Site in PDF Format at [www.nvsc.org](http://www.nvsc.org). Or pick up your free copy at **Rene's on Wednesday Night!** For more information, please contact Maryann Lesnick, Newsletter Editor, at: [mlesnick@mlesnick.com](mailto:mlesnick@mlesnick.com).

## AN APOLOGY AND EXPLANATION

From the Editor

Several folks have asked why they were receiving the Shag Rag in the mail, and now they don't. When I began as Newsletter Editor in January 2009, the mailing list had about 100 names on it. Then after a few months, the Membership Committee did a reconciliation of the membership, dues, etc. and found that there are really only about 20 people who have subscribed to the mailing option. Every month, I get the mailing list from the Membership Committee, so at that point the number of mailed Shag Rags dropped to 20. Several folks have recently asked me why they were dropped from the mailing, and that is the reason – I was working with an incorrect mailing list earlier this year, and lots of people got the Shag Rag in the mail who had not actually subscribed.

Anyone can receive the Shag Rag in the mail! There is a \$5 subscription fee to help cover the printing and postage. You can pay that fee to the Treasurer at any time to get on the list – you don't have to wait until you renew your membership. I am adding a notice in the newsletter from now on (see p. 10), so folks will know about the subscription fee option.

I hope my explanation helps resolve the confusion, and I apologize to those who thought I simply dropped you from the mailing list!

*Maryann Lesnick, Newsletter Editor*

## IF DESSERT IS YOUR SPECIALTY - WE ARE LOOKING FOR YOU!

Please bring your **FAVORITE DESSERT** to the **FALL SOCIAL on October 4<sup>th</sup>** – we need your best dessert effort for our SILENT AUCTION and we also need desserts to EAT! So sign up, and cook up a storm.

If you can bake great pies, have the best cookie recipe in town, or decorate cakes that look like castles – please share your talent and bring your best convection to the FALL SOCIAL on October 4<sup>th</sup> for our SILENT AUCTION.

The products of our talented chefs will be auctioned off to the rest of us who are not so talented! So bring a little something along and see how high the bids go! We have it on good authority that there are some pretty spectacular chefs in our club — EVEN SOME OF THE GUYS ARE FABULOUS BAKERS! So please sign up to contribute to our SILENT AUCTION with Marcia Conway any Wednesday evening at Rene's or contact her at 703-361-8158 and email [nclady11@comcast.net](mailto:nclady11@comcast.net).



We're also looking for dessert items to serve at the social, so if you are not interested in entering the auction, please donate something sweet to eat! Contact Christine Werner to 703-278-1073 and email to [fleur15@verizon.net](mailto:fleur15@verizon.net) if you wish to bring a sweet to share.





*Sunday  
October 4th*

**NVSC  
Fall Social**

Enjoy a fun filled Sunday  
afternoon with great music,  
dancing, and friends!  
**Don't Miss it!!**

*Fast Eddie's*

14114 Lee Highway, Centreville, Va. 20120  
703-266-8888  
Just off I-66 @  
Intersection of Highways 28 and 29

Music Provided by  
*Greg Birmingham*

No Cover Charge

Free  
\$6 ticket for drink  
or food

**Silent  
Auction**

Featuring the best **BAKED GOODS** from our Club's  
Culinary Experts!  
Bring a **BAKED GOOD** to share or Auction!  
Or come prepared to **BID** on a **SWEET TREAT!**

Dance Lesson  
4:30-5:00  
Dancing 5:00-8:00

It's a  
**HALLOWEEN PARTY**

with the

**band of oz**



Join the Northern Virginia Shag Club

Saturday, October 31, 2009

6:30—11:30



**!!! Prizes for the best Costumes !!!**

FREE heavy hors d'oeuvres, sodas & water.

Beer and wine can be purchased.

Government regulations prohibit BYOB

**DJ — Tommy D**

\$30 single in advance

\$55 couple/pair in advance

\$35 single at door

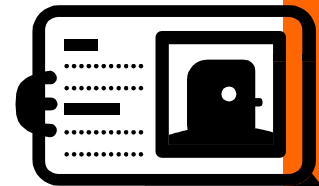
Juniors under 21 free with adult escort.

**Location: Ft. Myer Community Center**

228 McNair Road, Bldg. 405, Ft. Meyer, VA 22211-1199 (703) 696-3470

*FROM NO VA:* Take I-395 to Exit 8A for Washington Blvd., take Ft. Myer exit on right. Inside the gate, security checkpoint on right. Then follow main road to stop sign, and turn left on McNair. Look for tennis courts on right, and park just beyond tennis courts. Community Center is across the street from parking lot.

You must have a valid **PICTURE ID** with your **scary mug shot** to get on the base!!!!



For Tickets see any Board Member, or Dave Rapson  
v8383350@verizon.net or 703.978.8656

Please support our advertisers!

**Advertise your Business in the Shag Rag!**

*Effective 6/1/2009*  
 Business Card size ads:  
 \$60 for NVSC Members  
 \$75 for Non-Members  
 (Annual rate)

Additional Ad sizes available: 1/4 page, 1/2 page, and full page.

Contact the Shag Rag Editor, Maryann Lesnick, for more information.  
**mlesnick@mlesnick.com**  
**703-369-5869**

**Come Dance with Me**

Private and Group Lessons in  
 Carolina Shag  
 With  
 David Rodgers



**Call or email David**  
 703-239-8978  
 rogersd3@cox.net

**J.R.'S FRAMING & PHOTOGRAPHY**  
**JOHN ROMITO**






6020 Wescott Hills Way  
 Kingstowne, VA 22315

Phone: 703-971-1618  
 Email: jrdancer0501@yahoo.com

**Receive the Shag Rag in the MAIL!**

**Annual Subscription Fee: \$5**  
 to cover printing and postage.  
 The Shag Rag is also available on the  
 NVSC Web Site in PDF Format:  
**www.nvsc.org**  
 Or pick up your free copy at  
**Rene's on Wednesday Night!**

**Dennis Gehley**  
**The Time Machine**

Hits From Yesterday and Today  
 Beach, Shag, Rhythm & Blues, Oldies, Top 40

703-451-6764                      E-mail: dmgehley@cox.net

*"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer."*

Board meetings are held each month and are open to any and all members who wish to attend. Unless put on the agenda, attendance is for observation, not participation. Please notify the president **one week in advance** if you are interested in attending the meeting. Copies of Board meeting minutes are available to members upon request from the secretary and posted on the nvshag.org website.



www.nvshag.org  
PO Box 5522, McLean, VA 22103  
Northern Virginia Shag Club



### Receive the Shag Rag in the MAIL!

Annual Subscription Fee: \$5  
to cover printing and postage.



### BORROWING SHAG VIDEOS.....

is EASY at NVSC!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional videos. These videos contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **FULLY refundable \$25 deposit.**

See **Jane James** on Wednesday nights to borrow a video!!!

### NVSC LOGO MERCHANDISE.....

Logo Merchandise can be purchased on Wednesday nights at Rene's.

Shirts – Many styles	\$18 - \$34
CD Cases	\$15
Coffee Mugs	\$ 5
Baseball Caps	\$15
Golf Towels	\$15
Twinkling Glasses	\$10
Cook Books	\$15
Shagging in the Carolinas Book	\$20

Many shirts are by special order. If you are interested in purchasing any of the above items, please contact **Kathy Miller or Nancy Cox.**