



Shag Rag

June 2009 Vol. XV, No. 6

Dedicated to the Preservation of the Carolina Shag and Beach Music

PRESIDENT'S MESSAGE by Marcia Conway

As I write the President's Message for this month, I am thinking about the great time I and other NVSC members had at the USA Grand National Dance Championship in Atlanta, GA this past weekend. This year's competition in all divisions was superb and quite entertaining. Congratulations to our NVSC dance instructors, **Craig and Heather Jennings**, who placed in the Classic Shag Division. In the Jack and Jill contest, **Craig and Heather** placed in the top 3 in the pro level shag. Other Virginia Shaggers who placed in the Jack & Jill contest were **Kevin Byrnes, Joan Byrnes and Cindy Black**. Congratulations to **Brennar Goree** (VA Beach) and his new partner, **Tori Smith** of California who **won 1st place in the Junior Swing division** and to **Tory Robinette** (Burke, VA) and **Justin Poston** (VA Beach) who **won 1st place in the Junior II division**. Tory and Justin will be part of the entertainment for the Capital Shag Classic!!

Speaking of the Capital Shag Classic, see **Valerie Swiger** at Rene's to purchase your ticket by July 1st for \$75. Our annual Classic party will be held at the Dulles Hilton July 24-

26. Many, many volunteers are needed for a successful party. Contact **Donna Romito or Sue Young** to volunteer. Join the fun and competition and create your own table decoration as there will be prizes. In your creation, grab a memory from the "blast from the past" and you will come up with a unique decoration. **I challenge you to beat my table's decoration and there will be an extra prize for you!!!!** See newsletter flyer for more Classic information.



Marcia

The **annual NVSC picnic** will be held again this year at the home of **Bobby and Laura Payne** (my son-in-law and daughter) in Manassas on Saturday, June 20 from 1PM-5PM. Their home has the best wooden dance floor in the area! The club will provide burgers, hot dogs, condiments and mixers. Please RSVP and let either **Christine Werner** (703-278-1073 orflour15@verizon.net) or **Chris Gaines** (703-591-4969) know the side dish you will bring to share. See newsletter flyer for other information.

VOLUNTEER, VOLUNTEER.....NVSC SHAGGERS

Upcoming Events....

- **Wednesday June 10** — dress up in a '50s outfit at *Rene's*. Setting the Mood for the Classic!
- **June 20**, NVSC annual club Picnic (p. 11)
- **Classic Pre-Party & Rehearsal... 4 pm, Sunday, July 12. Peyton Place Restaurant** (p. 12)
- **July 24-26**, 14th Annual Capital Shag Classic. Details and Registration Form inside (p. 13)

NORTHERN VIRGINIA SHAG CLUB

2009 Board

President	Marcia Conway	703-361-8159	nclady11@comcast.net
Vice President	Fran Mong	703-368-2792	fmong@abhylaw.com
Secretary	Sandra Traylor	703-597-9555	sandra.traylor@dcma.mil
Treasurer	John Romito	703-971-1618	jrdancer0501@yahoo.com
Director-at-large	Pamela Alfano	703-379-7992	PAlfano@ReedSmith.com
Director-at-large	Mary Burleigh	703-724-9171	mcburleigh_2000@yahoo.com
Director-at-large	Kathy Miller	703-683-5990	Khemp501@aol.com
Director-at-large	Barry Newman	703-941-0445	barryn1940@aim.com
Director-at-large	Nancy Roop	540-878-5161	nsar33@comcast.net

June Birthdays

Bill Barnhardt	6/1
Kirk Davis	6/3
Patricia Sims	6/4
Vicki Tedesco	6/4
David Uejio	6/5
Heather Jennings	6/6
Donna Samblanet	6/6
Donna Romito	6/7
Sharon Salpini	6/7
Barbara DeAngelis	6/8
Denny Koski	6/10
Victoria Kruk	6/13
Virginia Fortunato	6/14
Larry Reaves	6/15
Frank Sulik	6/15
Susan Flamminio	6/16
Mary Ferguson	6/17
Elizabeth Reece	6/17
Susan Shawver	6/17
Bonnie Ginn	6/18
David Strobel	6/19
Ron Bishop	6/20
Don Borja	6/20
H K Lee	6/20
Ella Nunn	6/20
Walter Kraus	6/21
Samuel Wray	6/21
Shirley Hartman	6/24
Gary Mann	6/24
Keith Abernathy	6/28
Eric Immediato	6/28
Ruth Rapson	6/30



NVSC COMMITTEES/CHAIRS FOR 2009

* Audit	Dave Bushey
Birthday Cakes	Robbie Mann/Donna Romito
Capital Shag Classic 09	Donna Romito and Sue Young
* Charity Fundraising	Nancy Cox/Kathy Miller
* Dance	Joan McKinney, joanmck3@aol.com
Hello Shaggers	Nancy Roop, nsar33@comcast.net
Historian	Sandra Traylor
* Membership	Mary Burleigh, mcburleigh_2000@yahoo.com
* Music	Fran Mong
Newsletter	Maryann Lesnick, mlesnick@mlesnick.com
* Nominating & Elections	(appoint in late September)
Photographer	John Romito
* Public Relations	Barry Newman, barryn1940@aim.com
Shag-a-Thon 2009	Jo-Ann Hitzemann/Pamela Alfano
* Social/Hospitality	Chris Gaines, Chris Werner, Ruth Rapson, Sandra Traylor, Sam Wray, and Vernon Bruffey
Sunshine	Maryann Lesnick, mlesnick@mlesnick.com
Web Site	Marcia Conway

* Denotes Standing Committee

Welcome to our New Members in May:

(Not available at time of publication)

NVSC dances the Shag every Wednesday night at

*Rene's Supper Club, 3251 Old Lee Highway
Fairfax, VA 22030, 703-385-0077*

**Come learn the Shag! Free lessons begin at 7:30;
Open dancing from 8:15—11:00**

JUNE LESSONS

Beginner

- June 3 – Kick Basic & Side Pass
- June 10 – Crossover Basic & Triple Basic
- * June 17 – Basic, Start, and Female Turn
- June 24 – Half Turn & Male Turn

Novice

- June 3 – Hesitation Basic, Pivot & Hug Pivot
- June 10 – Tuck from Pivot & Tuck from a Half Turn
- * June 17 – Double Kick Basic & Applejack
- June 24 – Behind Sailor Shuffle & Pivot

Intermediate

- June 3 – Stutter Basic, Sugarfoot with Lean, Front Walk Up
- June 10 – Forward Sailor Shuffle & Arm Over Pivot with Reverse Tuck
- June 17 – Side-to-Side Basic and Handshake Wrap Pivot
- June 24 – Leg-up Basic and Lean

Line Dance Lesson

- June 3 – Andi Crews Line Dance Lesson,
beginning at approx 8:45 pm

* *Beginning of new cycle*



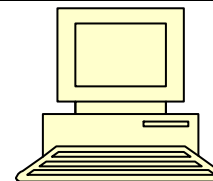
June DJ's

- June 3 – Dennis Gehley
- June 10 – Eddie O'Reilly
- June 17 – Craig Jennings
- June 24 – Eddie O'Reilly

Shag Shoes

The 2008 Capital Shag Classic is fast approaching. Now is the time to purchase your ticket and start thinking about those dance shoes you have been intending to buy. But don't panic, you will not need to make an excursion to Myrtle Beach. The Shoe Center of Myrtle Beach has agreed to be one of the vendors at this year's Classic. If you are not familiar with them, they have many popular styles of dance shoes to choose from and they will be bringing many of them to the event. Unfortunately, it would be impossible to bring every style in every size, but you can request they bring your size in a particular style. The Shoe Center has suggested that you go to their website in advance and check out their shoes. Then contact them through the site to let them know which style and size you are interested in. Just be sure to let them know that you are from Northern Virginia Shag Club and will be attending the Classic. They will then bring them to the Classic for you to try on. There is no obligation to buy. The website is <http://www.shagshoes.com>. Have fun shopping!

Nancy Gehley Memorial Website



Dear Friends and Family,

Before Nancy died on June 1, 2008, she arranged for her family to work with the Webmaster of the Arlington Cemetery website to create a website in Nancy's memory. The website was completed today, May 2, 2009, and is now available for public access at <http://www.arlingtoncemetery.net/njagehley.htm>.

Embedded in the website are 15 songs that have particularly special meaning for Nancy, Dennis, Lisa, David, Jay, Becky, and the Webmaster, whose comments appear at the end of the site. To hear the first song (which was Nancy's favorite), click on the black arrow in a circle, under Nancy's photo, immediately after "...in sickness and in health...til death do us part." All 15 songs will play consecutively if you let them. Otherwise, move to the second black arrow and click on it to hear the second song, and so forth throughout the site.

The photos, remarks and songs at the website brought back many tears while we remembered that very sad time almost one year ago. But they also brought us much joy and happiness while we created something and some place for her family and friends to visit whenever and as often as they choose. We invite you to share the celebration of Nancy's life that you find at the website with your families and friends. What goes around comes around.

If you would like to offer your appreciation to the creator of Nancy's memorial website, you may contact Webmaster Michael Robert Patterson at mpatter@optonline.net. If you would like to contact me, feel free to do so at dmgehley@cox.net.

*Dennis Gehley (for Lisa Gehley Angerer,
David Gehley, and Frank Aiello)*

2009 NVSC Events At-a-Glance

Super Bowl Party	Feb 1	Summer ACSC Workshop	Jul 10-12
Charlie & Jackie Workshop & Dance	Feb 14	Junior SOS	Jul 16-19
		Capital Shag Classic	Jul 24-26
Winter ACSC Workshop	Feb 20-22	NVSC Picnic	Jun/Aug
Mardi Gras Party	Feb 25	Fall Migration (SOS)	Sep 11-20
Shag-A-Thon	Mar 21	NVSC Party at Fall SOS	Sep 15
Easter Bonnet/Hat Contest and Egg Dancing Contest	April 8	Fall Sunday Social	Oct ?
Spring Safari (SOS)	Apr 17-26	Band/ Dance Party	Oct 31?
NVSC Party at Spring SOS	Apr 24	NVSC Holiday Party	Dec 5
Shagging at Fast Eddie's	May 3		

HOW I GOT STARTED SHAG DANCING

One day at work, while visiting the snack bar to get a cup of coffee, I was talking to someone about how much I love beach music. Ms. Libby Ash, who is a member of our club, (overheard me) and asked me if I liked to shag. I told her, yes I did, but I really didn't know all the right steps. She encouraged me and my wife to come to Rene's and check it out. She also mentioned the free beginner, novice, and intermediate classes, which I thought sounded great. THANK YOU LIBBY! Well, after the first night, seeing all those people having fun doing the shag, I guess you could say I was hooked.

I know other people who say they like to shag because it takes them back to when they were younger and danced all the time. Actually, when I was in college at East Carolina College at Greenville, NC, just about everybody did their own version of the shag at the outdoor "Patio", which was right on the outskirts of town. Later, I changed schools and wound up in Charlotte, North Carolina at the University of North Carolina (UNC). And, even in Charlotte, there were a lot of kids who did the

shag! I never took any formal lessons in doing the shag. I just improvised the whole time I was in college. However, Libby encouraged me to learn the actual steps vs continuing to improvise. And, I feel much better now, knowing how to do the actual steps, vs making up steps on my own.

Bottomline: Shagging is great mental and physical exercise. And, if you really love the Beach music, you just have to get this dancing out of your system, so to speak. First, I think the smooth/relaxed beat of beach music really inspires me to just get up and dance. A really good song, with a nice smooth beat, really takes me back to the good old days, and makes me feel young again. Shaggin is the best therapy any body could ever ask for. And, all of the people who shag are always the nicest/ down to earth people who you will ever meet!

So, there is my story. There's nothing more relaxing and enjoyable than dancing the shag to beach music! To a lot of people, it is just the best therapy nowadays to do, while we continue to live in a stressed out world!

Bob Matthews



Mary

Keep Your Membership Info Current

If you move, change phone numbers or email address please notify Mary Burleigh, our membership chairperson. You can email Mary at mcburleigh_2000@yahoo.com.



Nancy

Not Receiving Hello Shaggers Emails?

The NVSC sends out a weekly **Hello Shaggers** email with news and information about the Club and Club activities. To receive it, send **Nancy Roop** (nsar33@comcast.net) your email address!

KUDOS KORNER

- Kudos and a HUGE thank you to **Joan McKinney** for the May Review of the Jackie-Charlie Workshop. It was a SUPER IDEA and one which Joan intends to continue with subsequent Workshops -- look for another one following the Classic.
- Many thanks to this year's audit committee composed of **Dave Bushey**, chair, **Tim Farris** and **Dick Prosser** for volunteering their time to audit the 2008 treasurer's reports and for making recommendations to improve our procedures.

**JEFF HARGETT &
NIKKI KONTOULAS,
Pro Instructors for
THE CLASSIC**

JEFF & NIKKI are dynamic & friendly Champion Shaggers who will teach **three workshops at The Classic...** If you were at the NVSC's SOS Party in Fat Harold's back room, this is the couple who did the rockin' and playful demo -- and danced all those incredible steps in their rubber-soled sneakers!! The workshops are FREE. No extra charge, they're included in your Classic ticket.

JEFF & NIKKI also will teach **private lessons** at the hotel during The Classic weekend..The Dance Committee is selling **raffle tickets to win a private lesson** with Jeff & Nikki....**Don't be shy!!** ... A lot of shaggers think "I have to get good before I take lessons from a Pro" ... That's upside down: go early to the Pros. They'll help you avoid bad habits & give your dance a

Jeff & Nikki have won the Overall Championship -- the very top-dog award -- at the National Shag Championships. For a decade, they've been on the National Shag Dance Team and have been captains & choreographers of that award-winning team..You don't want to miss these two at the Capital Classic!!



Jeff and Nikki

solid foundation Or, if you're already a veteran shagger, Jeff & Nikki can teach you technique and help you step up your dance. To book a private lesson contact Joan McKinney at (703)971-7527 or joanmck3@aol.com. And purchase a raffle ticket/chance to win a free lesson at Rene's on Wednesday night!

New Benefit for Classic Ticket Holders

Soon after this year's Classic, the Dance Committee will provide a special workshop to re-teach the steps that Jeff & Nikki teach at The Classic.. This **Classic Review Workshop** will be FREE to anyone who bought a Classic ticket.

Dress-up Time!

Wednesday JUNE 10: to get everyone in a '50s frame of mind, please come to Rene's dressed in a '50s outfit. Dig back in those closets — you know you have something that will work. How about those saddle shoes?!

Ads for the Capital Shag Classic Program

Place an ad in the Classic Program this year. The rates are: full page \$65; half page \$35; and quarter page \$25. Please contact Marcia Conway @ nclady@comcast.net if you are interested.



WORKSHOPS

4:00 p.m.

MEN & LADIES ONLY

Class designed to enhance your individual dance style

5:15 p.m.

"COMMUNICATION THRU CONNECTION

No matter what level dancer or what's your favorite dance this dynamic pair will teach you the importance of connection.

\$10 each or \$15 for Both

Check out their award winning dances on Youtube Search Brennar and Torri

Privates

Brennar and Torri will be available for private lessons at Dancesport VA Friday and Saturday June 5 & 6. Cost \$65 Book with Dancesport VA 473-3267

FAREWELL DINNER DANCE FOR BRENNAR

Local Dance Talent moving to California. For those of you have watched Brennar grow up, come help us say good bye and wish him well. Have one last dance and meet Torri Smith.

US Open 2008



WORKSHOPS, DINNER & DANCE

Saturday June 6, 2009

Brennar Goree

National Shag & Swing Champion

Torri Smith

National Swing & Latin Champion

who has appeared on Dancing with the Stars & So You Think You Can Dance!

6:30 p.m. Pot Luck Dinner

Bring a dish to share

7:30 - ? Dancing with area DJ'S Exhibitions by local Youth Dancers & Champions Brennar & Torri

Dance Tickets

\$10 per person in advance \$15 at the door

DANCESPORT VA

5721 A ARROWHEAD DR * 473-3267

For tickets: Contact Cindy Black at shagdance@cox.net. Limited Seating!

***HOTLANTA 2009* doesn't disappoint.... By Heather Jennings**

The weather was cloudy and cool, but the dancing was HOT at the 15th annual Grand National Dance Championship (GNDC) in Atlanta, GA. This event, hosted yearly by Charlie Womble and Jackie McGee over Memorial Day weekend, is a *world class* event held at the spectacular (and I mean, spectacular!) Renaissance Waverly hotel. For those who have never attended, you MUST attend in 2010!!!

The weekend begins with an “early-bird” party Thursday night in the Grand Ballroom (over 16000 square feet GRAND, if you can imagine!) Craig & I have been going to GNDC for 10 years and have put Thursday night on our calendar for the last six. There are “just enough” folks there Thursday to make it fun to dance, but not too crowded. Perfect! Bedtime was rather late— 3:00 am.

Friday the “real fun” begins with beginner shag and swing workshops starting off the day and later the Shag Jack-n-Jill. This is the 2nd year this division has been held and it's a great chance to dance with someone new and get a little floor time too! This year I drew the wonderful AC Williams and Craig drew the amazing Jennifer Sogluizzo (last year's Capital Classic instructor). We had a great time and even managed to place (although since Craig came in 2nd I came in 3rd, we won't dwell on that!)

Later that evening, the “Carolina Classic” (shag) division opened the competition. Craig and I participated in this division which always makes for a nerve wracking day, but although I may be biased, I think the shag division put on an awesome show! Friday also included the Junior Swing Division with several of the incredible junior shaggers switching hats and throwing a little swing into the mix. AWESOME dancing and what a thrill to watch these amazingly talented juniors participate! Friday concluded with the incredible Showcase division — a swing division which includes lifts and aerials. All of the dancing was unbelievable, but made me keenly aware that I'm glad shag doesn't include aerials!

GNDC provides almost 15 dance workshops throughout the weekend with most occurring on Saturday and Sunday. Both shag and swing workshops are offered and all are included in the price of your weekend ticket. After the Saturday workshops, the Swing Jack-n-Jill preliminaries were held in the Grand Ballroom, followed by an awesome Team division, including the amazing Junior Shag Team which won the division! Next, the Swing Jack-n-Jill finals were held and Saturday night ended with the Masters shag division (which I had to judge. I think I've decided judging is harder than dancing), and the Classic division. Classic is a swing division without lifts and aerials. All of the competitors were spectacular!!! Social dancing (and partying, of course) followed in both the Grand and Habersham Ballrooms until the wee hours of the

morning. (I think I made it to 4:30 am on Saturday although I have to say Craig outlasted me every night!)

Sunday begins with the Strictly Swing preliminaries (a lead/follow competition where dancers pick their partners, but not their music) followed by the Junior shag divisions. (Craig judged the Junior I & II divisions). The Junior shag divisions are always a treat — the kids are truly amazing. On to the finals of the Strictly Swing division which is a hoot — the competitors really like to “ham it up.” Later we watched the incredible Cabaret division— very unique and always a surprise to shaggers who have never been to GNDC before. It's comprised of different dancers (individuals, couples or groups) performing



any type of dance EXCEPT swing. This division really must be seen to believe. Suffice it to say that watching the winners (a group of 10 brothers/sisters dancing to music they composed) was almost worth the trip to Atlanta alone!

This year offered a special “treat” after Cabaret; a unique experience called “So Y'all Think You Can Dance”. Several competitors participated in this parody of the hit TV show. Each couple is given a dance that they do not usually do— such as Quickstep, Samba, or Hip Hop— and 90 seconds of music. They had from Friday evening until Sunday evening to choreograph their dance. Remember they must choreograph and perform a routine for a dance they DO NOT KNOW! The dancers found ways to obtain costumes, props, makeup, and more to enhance their creative performances. They all accomplished at least some aspect of the assigned dance, although in general the overall presentation was both amazing and hilarious!

Sunday is also the “night of truth” where the winners are announced and awards are given. Not everyone can win of course, but all the dancers deserve recognition just for being on the floor. After all, it takes a certain something to put yourself out there! Following the awards, lots of partying (can you say “jello shooters?”) and dancing. A fantastic end to a fantastic weekend! Bedtime – VERY LATE – (or very early – depending on how you look at it)!

So – have I convinced you yet? If you've never been, you MUST go to this event next year. It is an awesome weekend of dancing FUN! Competitions, social dancing, workshops and more! For info, see the Grand Nationals web site at: usagrandsnationals.com. See you in Atlanta in 2010!!

“Both shag and swing workshops are offered and included in the price of your weekend ticket.”

GRAND NATIONALS UPDATE

Virginia competitors did us proud Memorial Day weekend at the USA Grand Nationals Dance Championship (GNDC) in Atlanta. GNDC is sponsored by shag champions Charlie Womble & Jackie McGee and draws several thousand dancers from all forms of swing.

NVSC Instructors **Craig & Heather Jennings** placed in the Classic Shag Division. Major accomplishment. That's the division where you get to compete against the likes of Michael & LeAnn Norris (they won Classic Shag).

Tory Robinette (Burke VA) & **Justin Poston** (VA Beach) won the Shag **Junior II** division. **These new GNDC champions plan to dance at our Classic in July, so don't miss them.**

Brennar Goree (VA Beach) won second place in the Shag Junior II division, dancing with his new partner, Tori Smith of California.

Brennar Goree and **Tori Smith** won the Junior Swing Division.

Brennar was a coach, co-captain and co-choreographer for the championship team in the Team Division. **Tory Robinette** and **Justin Poston** also danced on this winning team, which is a collection of juniors from VA and both Carolinas. At the Northern Virginia tables, there were a lot of tears - a lot of emotion - when our cherished junior team came off the floor. Virginia shaggers won 5 of the 12 awards for Shag Jack & Jill. In a Jack & Jill contest, you draw a partner at random and you dance to whatever music the DJ picks, so it's a true test of dancing ability.

Dancing with other people, both **Craig & Heather** placed in the Top 3 in the pro-level Shag Jack & Jill.

Kevin Byrnes (NVSC and Richmond Shag clubs) and **Cindy Black** (VA Beach & Brennar's mom) won the amateur-level Shag Jack & Jill, and **Joan**

Byrnes (NVSC and Richmond clubs) placed 3rd in that amateur division.

All of the shaggers who won or placed in Shag Jack & Jill won tickets to the US Open in California this coming November.

~ ~ ~ **CONGRATULATIONS**
TO ALL OF THE VIRGINIA SHAGGERS
FOR THEIR
ACCOMPLISHMENTS ~ ~ ~

Capital Hospice 2009 Shag-A-Thon

Shag-A-Thon 2009 was a huge success. We raised \$11,688 for Capital Hospice. Hospice representatives Carolyn Kuo and Joy Nguyen attended the May General Membership meeting to accept the funds. Prizes were awarded to our top fundraisers:

#1 Fundraiser: Pamela Alfano - \$3,500

#2 Fundraiser: Marcia Conway - \$2,892

Largest Number of Individual Contributors
– Marcia Conway

Largest Number of Corporate Sponsors –
Marcia Conway

\$200-\$500 Category:

First: Valerie Swiger

Second: Vaughn Royal

\$500-\$1,000 Category:

First: Jean Jennings-Teele

Second: Jo-Ann Hitzemann

Thank you to everyone who contributed and participated in the Shag-A-Thon and made it such a success!

*2009 Co-Chairs Jo-Ann Hitzemann and
Pamela Alfano*



Pictures from Grand Nationals



**Northern Virginia
Shag Club
Annual Picnic
June 20th
1:00—5:00
Rain or Shine**



Don't miss this year's annual picnic that will be hosted by Bobby and Laura Payne (Marcia Conway's daughter and son-in-law) at their home in Manassas! Enjoy an afternoon of good food, shagging, and camaraderie with your NVSC friends at the Payne's!

NVSC will Provide

- Hot Dogs, Burgers, & condiments
- Mixers
- Dance Floor
- Dance Lesson for Junior Shaggers

What to Bring

- Your Swimsuit
- BYOB
- A Chair
- A Side Dish
- Your Dance Shoes

FREE TO NVSC Club Members

Please RSVP to Cris Gaines at 703.591.4969 or Chris Werner at 703.278.1023
(We want to make sure you have plenty to eat!)

Directions: From Rt. 66 take Exit 44 to Hwy 234 South / Prince William Parkway / Manassas / Dumfries. Follow Hwy 234 South for about 9 miles until you get to the 6th traffic light. Turn right onto Brentsville Road. Go past the first street on your left (Bradley Forge Drive) then turn left at the first driveway where you see the brick entryway with two columns with lights on top.

Address: 8827 Brentsville Road, Manassas, VA 20112

**Time: 1:00 PM Till 5:00PM...Lunch 2:00
Date: Saturday, June 20th, Rain or Shine!**

**Chris Gaines 703-591-4969
Chris Werner 703-278-1023**

Let's PARTY Our Way to THE CLASSIC!!

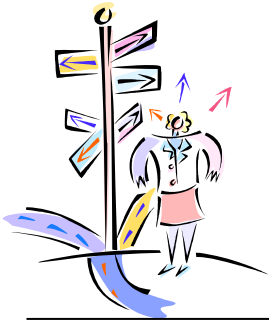


MARK YOUR CALENDAR: SUNDAY AFTERNOON, JULY 12th, 4 p.m. -- It's a WARMUP for THE CLASSIC... It's a party... It's a fun rehearsal... This will be a preview and a practice of what we'll do at The Classic to launch our weekend party and welcome our guests....Chicken & Cole slaw provided...You buy the cold beer.

On Friday night at The Classic, we'll go back in time --- back to that great jukebox music and carefree fun of the '50s. You can slick back that ducktail, pull back that ponytail, dress up (or not) and take part in our **Welcome-to-The-Classic Skit**. This is a big song-and-dance number that will set the stage for our party and show out-of-town guests that they're in for a great "Blast From the Past" weekend.

EVERYONE is invited to take part in our Welcome Skit at The Classic --- so come to the **Classic Pre-Party & Rehearsal... 4 p.m., Sunday, July 12 at Peyton Place Restaurant** (aka "Moe's", or Moe's Peyton Place), 6516 Backlick Rd., Springfield Va. 22150 (703) 451-6620.

Directions: Peyton Place Restaurant is near JW & Friends, in a strip shopping center that is diagonally across the street from JW's. Parking in front & rear.



From some points west and from the I-66 corridor, Take the Fairfax Parkway. Fairfax Parkway becomes Springfield/Franconia Parkway. Take Backlick Rd. exit. At end of exit, turn left on to Backlick. At the split, stay in right hand lane and keep going straight.. Go past Five Guys and JW & Friends on the right. Peyton Place is just ahead, **on the left.**

From the Beltway (and also from I-395, traveling south). Take the Springfield exit. Stay in right lane on this long exit ramp. At end of ramp, take an **IMMEDIATE** right on to Brandon. At first intersection, turn left on to Bland St. At 2nd light, turn left on to Amherst and go over the bridge. At bottom of bridge, take immediate left on to Springfield Dr. At the corner, turn left on to Backlick and then **immediate left into the parking lot.**

From I-95, traveling north (from Lorton area). Take exit for Backlick Rd north. ..This is a winding exit.. Have faith & just keep following the signs and arrows for Backlick Rd, north. Go several miles on Backlick. The road will split -- stay in right hand lane and keep going straight. Pass Five Guys and JW & Friends on the right.. Peyton Place is just ahead, **on the left.**

Jimmy Buffkin, Guest DJ For The Classic

Jimmy Buffkin was born and raised in the Carolinas and says he was born with music in his soul. He grew up learning everything he could about all types of music and says he has as much fun playing music for the crowd as they do dancing to it! His DJ career spans the last 10 years and he is a 9-year member of the Association of Beach and Shag Club DJ's. If you were at the NVSC's SOS Party at Fat Harold's in the Fall of 2008, Jimmy was our DJ in the back room.

Get your Classic Tickets!

TIME is flying by and the \$75.00 Capital Shag Classic ticket price will only be around until June 30th. So **DON'T DELAY**, buy your ticket today. Your registration form (*see p. 13*) and ticket money can be sent to: NVSC, P O Box 5522, McLean, VA 22103. Or you can give the form and money to Valerie Swiger any Wednesday night. As we get closer to the Classic, Valerie will be seeking out members to help her run the registration table. Each volunteer only works one hour. What a great way to rest your feet and help your club!

CREATIVE OR NOT...Join the fun and make a table decoration for your table at the Capital Shag Classic

This year there are prizes!!! There are so many ideas from the '50s to choose from...so fire up your creative juices and get started. Please contact Nancy at nsar33@comcast.net to let her know if you and your group are going to create something wonderful for your table.



Northern Virginia Shag Club's 14th Annual Capital Shag Classic

Friday, July 24—Sunday, July 26, 2009

"Get Ready for a Rockin' and Rollin' Good Time"

Featuring

Three **FREE** Shag Workshops
by Shag Pros

**Jeff Hargett
& Nikki Kontoulas**

Music by popular Carolina DJ

Jimmy Buffkin

Along with our own great DJs
Eddie O'Reilly, Dennis Gehley
& Butch Adeimy (from Hamlet, NC)

Tickets

Tickets **\$75** per person
through July 1st, then \$85

Admission Includes:

- 3 Shag Workshops
- 2 Buffet Dinners
- 2 Buffet Breakfasts
- 2 **FREE** Pours and Pool Party

Located at the **Dulles Hilton Hotel**
www.washingtondulles.hilton.com

Call the hotel at 703-478-2900
by June 30, 2009 and mention Capital
Shag Classic or NVSC to receive our
special rate of **\$93** per night plus tax.

Weekend Schedule

FRIDAY, JULY 24

- 50's Sock Hop 4:30 p.m. - 1:00 a.m.
Gals wear your poodle skirts and saddle shoes, guys slick your hair back and roll up your jeans and let's go to the hop. Best dressed will win a prize.
- **FREE** Pour/BBQ & Fixins

SATURDAY, JULY 25

- Breakfast Buffet
- Three **FREE** Shag Workshops
- Pool Party
- **FREE** Pour
- Buffet Dinner
- Music and Dancing

SUNDAY, JULY 26

- Gospel Breakfast Buffet
- Music and Dancing until noon

Smoke-Free, Junior-Friendly Environment

Let's twist again like we did last summer!

For more information visit our website at www.nvshag.org or e-mail valerievms@aol.com

Tickets will be held at the check-in desk. Please include a self-addressed, stamped envelope to receive confirmation.



Make check payable and return to:
NORTHERN VIRGINIA SHAG CLUB
P.O. BOX 5522
MCLEAN, VIRGINIA 22103

Weekend Tickets \$75 through July 1st, 2009, then \$85
NO REFUNDS AFTER JUNE 30th



Registration

Name(s): _____
(Last, First)

Address: _____ Primary Shag Club: _____

City, State: _____ Number of Tickets: _____

Phone: _____ Amount Enclosed: _____

Directions

From the North, East or South:

Make your way to the Route 66 West exit off the Capital Beltway (Route 495). Follow 66 West to Route 28 North (Sully Rd). Exit off Route 28 (Sully Rd) onto McLearen Rd (you can only exit onto McLearen in one direction). Take first left onto Towerview Rd. Take first left onto Park Center Rd. Go about 200 yards to the entrance to Hilton parking area. Follow road clockwise around circular building to the main entrance and check-in.

From the West:

Take 66 East to Route 28 North (Sully Rd). Exit off Route 28 (Sully Rd) onto McLearen Rd (you can only exit onto McLearen in one direction). Take first left onto Towerview Rd. Take first left onto Park Center Rd. Go about 200 yards to the entrance to Hilton parking area. Follow road clockwise around circular building to the main entrance and check-in.

From Dulles Airport and Dulles Toll Road (Route 267):

Exit onto Route 28 South (Sully Rd). It is your first exit coming out of the airport. Exit off Route 28 (Sully Rd) onto McLearen Rd (you can only exit onto McLearen in one direction). Take first left onto Towerview Rd. Take first left onto Park Center Rd. Go about 200 yards to the entrance to Hilton parking area. Follow road clockwise around circular building to the main entrance and check-in.

Please support our advertisers!

**Advertise your Business in
the
Shag Rag!**

Effective 6/1/2009

Business Card size ads:
\$60 for NVSC Members
\$75 for Non-Members
(Annual rate)

Additional Ad sizes available: 1/4 page,
1/2 page, and full page.

Contact the Shag Rag Editor, Maryann
Lesnick, for more information.

mlesnick@mlesnick.com
703-369-5869

Board meetings are held each month and are open to any and all members who wish to attend. Unless put on the agenda, attendance is for observation, not participation. Since board meetings, at this time, are at board members' homes, please alert the secretary, **one week in advance**, if you are interested in attending in case we need a larger facility. Copies of Board meeting minutes are available to members upon request from the secretary and posted on the nvshag.org website.

"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer."

Janis Grimes
Carolina Shag
Private and Group lessons
Home---703-536-7362
Work---202-208-3878
janigrimes@cox.net

J.R.'S FRAMING & PHOTOGRAPHY
JOHN ROMITO



6020 Wescott Hills Way
Kingstowne, VA 22315



Phone: 703-971-1618
Email: jrdancer0501@yahoo.com



Dennis Gehley
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E-mail: dmgehley@cox.net

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Private and Group Lessons in
Carolina Shag
With
David Rodgers



Call or email David
703-239-8978
rodgersd3@cox.net

Spotted at SOS...



www.nvshag.org
PO Box 5522, McLean, VA 22103
Northern Virginia Shag Club



HELLO SHAGGER EMAILS

You can't get them if we don't have your correct email.

Send email corrections to Nancy Roop at nsar33@comcast.net

BORROWING SHAG VIDEOS.....

is EASY at NVSC!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional videos. These videos contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **FULLY refundable \$25 deposit.**

See **Jane James** on Wednesday nights to borrow a video!!!

NVSC LOGO MERCHANDISE.....

Logo Merchandise can be purchased on Wednesday nights at Rene's.

Shirts – Many styles	\$18 - \$34
CD Cases	\$15
Coffee Mugs	\$ 5
Baseball Caps	\$15
Golf Towels	\$15
Twinkling Glasses	\$10
Cook Books	\$15
Shagging in the Carolinas Book	\$20

Many shirts are by special order. If you are interested in purchasing any of the above items, please contact **Kathy Miller or Nancy Cox.**